

Faith in Action August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
One Minute Meditation: Each day find a quiet place where there are no distractions and then be still before God. Read the prayer of the day, close your eyes, slow down your breathing by breathing God's Spirit in deeply... Holding your breath, you hold your sense of the indwelling Holy Spirit, then slowly exhaling... you share God's loving presence with others (family, friends and strangers)						
	1 "The heavens declare the glory of God; the skies proclaim the work of his hands..." Thank you Lord for this day of freedom.	2 Father, grant me the wisdom to use Your gifts appropriately for myself and others.	3 Dear Lord, help us to respect each other's opinions.	4 Unclench my grasping hands, Liberator. Show me just how rich I am.	5 Comfort those who are aching for meaning, Lamb of God.	6 Time is Your precious gift, Lord. Help us to fill it wisely.
7 May we respect and honor the Earth, Your creation and our home, Creator.	8 Abba, remind us that as Your children we are each other's siblings.	9 Help me see the innate humanity of all peoples no matter how much they may differ from me, Creator.	10 In the eyes of the poor, I see Your face, calling me to love in Your name, Lord.	11 Dear Lord, instill in your people a spirit of compassionate stewardship.	12 Help me to see, Lord, the goodness around me and the good You want me to do.	13 Creator, guide us in seeking the truth in all things.
14 Help us express our gratitude by our generosity, God.	15 Remind me how truly simple it is to help make the world a better place, Merciful Savior.	16 Inspire our stewardship of Your Earth which You have given us as our home, Creator.	17 Remind us, Great Healer, that if even one person is enslaved then all are enslaved. May we work for freedom and equality under the law for all.	18 Holy Wisdom, remind us that discrimination offends You, the Creator of every human being.	19 Father make us responsible stewards of the earth's riches and respectful of local peoples from whose lands resources are extracted.	20 Bless our efforts at the restoration and conservation of the Earth, Creator of all.
21 Jesus of Nazareth, help us be frugal so that there will be more for our needy sisters and brothers.	22 Open the eyes of those who do not see that they share a common humanity with those whom they oppress, Just Judge.	23 Lord of life, guide our efforts to preserve every creature You have fashioned.	24 Help me put my faith into action, God.	25 Instill in me the drive to serve others out of the fullness of Your gifts to me, Gracious God.	26 Bless my efforts to live in a health-promoting and enhancing way, Jesus.	27 Jesus, lead me to a life of service
28 Jesus of Nazareth, help us be frugal so that there will be more for our needy sisters and brothers.	29 Lord, bring relief and serenity to the suffering.	30 Father, don't let me be immobilized by the continuing immensity of the refugee problem.	31 Lord, grant that all laws and regulations might be interpreted in the light of justice and mercy.			

"Our lives begin to end the day we become silent about things that matter."

Faith in Action is guided by the teachings of the Catholic Church. We serve others by promoting justice for the many different aspects of life through advocacy, direct service, and formation, thereby creating partnerships with those who promote human dignity and respect for our environment.